

## What is in your box:

**Delicata squash**

**Sweet peppers**

**Yellow onion**

**Parsley**

**Garlic**

**Broccoli**

**Mustard  
mix**



**Grampa Brett**

## Delicata squash

The first of the winter squash—this is sweet, delicious, smooth...cut in half length wise, remove the seeds, clean the outside, place in a pan with water and bake for 30-40 minutes and serve with a little butter. Even the skin is edible. These are sometimes called “sweet potato squash”

***This box is different than what I sent earlier this week as “what would be in your box” I was at the hospital in Waukesha with my dad and for some reason Andrew’s IP would not accept my emails with harvest lists...perhaps “delicata squash” is a***

## Farm News

Fall is here on the farm—we spent yesterday bringing in most of the winter squash because of the potential for frost. Our cellar is now full of the sights of fall...thanks to everyone who helped with that endeavor!

I have struggled with how (or if) to share with all of you the personal troubles that we are facing. As a CSA you are a community with us, but we are also, for some of you, strangers, and rightfully, just the farmers who provide you with food. In the end, I can’t be just a distant, professional, purveyor of your food: You are the community with whom I make my life.

As many of you know, my dad was diagnosed with AML (acute leukemia) last winter. He relapsed at the beginning of September, and is currently in the hospital fighting for his life. If he recovers from this last round of chemo (which is currently a real question), he will not do any more chemo, and will only survive for as long as his remission lasts (which is both an uncertainty to occur, and is only expected to be a short while if so). He raised me as a single father, has lived with us for years, and is an integral part of my life and Greenspirit Farm. Our loss will be incredible.

I share this with you because he is a part of the farm, because you are our community, because I haven’t been as “on task” with the farm, and because many of you know and care about him.

October 10 is our scheduled fall farm party, I don’t know what will happen, but will keep you all posted...thank you for understanding.

Please keep us all in your thoughts,

Jennifer