

What is in your box:

Sweet peppers

Green beans

Mixed greens

Red potatoes

Dill

Kale

Tomatoes

Sweet peppers

Wow! We had an incredible sweet pepper harvest yesterday! What abundance and beauty! If it seems overwhelming to you here are some preservation ideas: Peppers are the easiest food in the world to freeze. Clean, remove the stem and seeds, chop how you would like to use them later, and put in a freezer bag! That's it! Another, more complicated idea, is to cut the Carmen peppers (those are the long, sweet ones) in half, long ways, and place on a sheet of aluminum foil, skin side up, in the broiler until the skin is black and bubbly. Let cool (I put them in a paper bag and that seems to help), and peel the skin off. These are roasted peppers and they are fantastic! They can then be frozen as well. Soooo sweet and delicious on pizza, pasta, in potato salads....

Dill

Dill is wonderfully aromatic, good for digestion, an easy fresh addition to potato salad, and even pretty in a bouquet on the table! As a fresh herb it adds a light, refreshing flavor to almost any dish. It can also be dried and saved for a summer-y flavor in the midst of the winter...

Top ten:
Cucumbers for kale

Every other week:
Fennel, nasturtium box

Farm News

Somehow summer seems to have arrived...a bit confusing, but I don't mind at all. I was not ready for the beautiful red, yellow and orange of the maple trees in Spring Green!

Thanks, as always, to all who have been out this week. The pea fields are all disassembled, the peppers, and cukes are peeking out from their shroud of weeds, and next year's raspberries can be seen again! What a year of weeds it has been—yikes!

As fall approaches (in spite of my digging in my heels!) we are looking toward winter shares and even next spring. On Monday Andrew planted the spinach, which will overwinter for next year's early harvest, and the squash for winter shares is ripening nicely. Please let us know if you are interested in a winter share this year. We will probably sell fewer than in years past, so the sooner you let us know the better your chances of getting a share!

Some of you have asked when the season will end. I will let you know after the first frost...thanks for your patience.

Be well and enjoy these beautiful days,

Jennifer